



CAMP ODYSSEY

Cheerleading & Ninja Camp Information Pack

JANUARY 12th - 15th 2022

Before camp begins

Odyssey Sports wants your child to have the ultimate camp experience. This information pack is designed to provide basic camp information and to help us get an understanding of your child in order to provide the best possible experience. It will help us, and you, get ready for an EPIC camp learning skills and making memories that last a lifetime!

If you have any further questions or queries, please feel free to give us a call or drop us an email.

Tessa Petrie

Owner/Director Odyssey Sports

0400 038 114

tessa@odysseysports.com.au



Letter to Parents

Dear Parents,

Odyssey Sports is extremely pleased to welcome your child to Camp Odyssey 2022. The team at Odyssey Sports are very excited about the activities and sessions being planned for this year's summer camp.

Our mission is to provide a camp full of fun, excitement and friendship building, while gaining confidence within their chosen sport and giving them the opportunity to fulfil their potential, step outside of their comfort zone and create their own **EPIC JOURNEY**. We aim to inspire children and adolescents to create goals in order to make their dreams become their realities. We will provide fun, inclusive workshops, activities and lessons to help each child enhance their quality of life!

We genuinely hope that each child's time at Camp Odyssey is one that will leave them with a lifetime full of memories.

We wish to create an environment where each child feels challenged to learn new things while feeling safe and successful. Enclosed in this information pack you will find all of the necessary information provided to ensure your child's enjoyment and safety while at Camp Odyssey. Should you have any further questions about the contents in this packet, do not hesitate to contact us.

We want to provide the best experience possible. Please advise us if your family has any special needs or if there is anything that we can do to make sure the program suits your camper's needs. We hope to not only meet, but exceed the expectations of your family.

Sincerely,

Tessa Petrie
Director
Odyssey Sports



Camp Location

The Ranch

810 Boneo Road, Boneo VIC, 3939

5988 6262

<https://www.theranchmp.com.au/>



Directions from Melbourne CBD

<https://www.google.com/maps/dir/Melbourne,+Victoria/Ace-Hi+Ranch,+810+Boneo+Rd,+Boneo+VIC+3939/@-38.1057424,144.7722159,10z/am=t/data=!3m1!4b1!4m14!4m13!1m5!1m1!1s0x6ad646b5d2ba4df7:0x4045675218ccd90!2m2!1d144.9630576!2d-37.8136276!1m5!1m1!1s0x6ad5b689c8c2fc57:0x502cd7f368c53a5d!2m2!1d144.8885383!2d-38.4325537!3e0>

General Camp Overview

Age and Skill Requirements

Camp Odyssey is open for ages **8-16yrs** (at time of camp).

*Exceptions can be made in certain circumstances. Please email tessa@odysseysports.com.au or call 0400 038 114 to discuss any questions in regards to age limits.

Check-in Information

Drop off time for Camp Odyssey is **1:30pm**. We ask that you arrive with your camper, walk them to check-in (location TBD) and be there to help find their cabin and settle in if need be.

End of Camp/Pick up Information

Pick up time on the final day of camp will be 12:30pm. Should an earlier or later pick up time be required this can be arranged with Camp Odyssey Staff members prior to the beginning of Camp. We ask that any camper needing to be picked up by someone other than a parent/guardian provides Camp Odyssey with authorisation in writing ahead of pick up time by the parent/guardian.

After the closing of camp, parents/guardians will be provided with an electronic evaluation to be filled out with their camper. Your opinion matters to us and our aim is to continue to improve every year so we would love both yourself (as a parent) and your child's (as a camper) feedback to help us achieve this goal of ours.

Camp Staff

The camp staff roster will be finalised closer to the beginning of camp. Keep an eye out on our instagram (@odysseysports_) to meet your camp instructors. On arrival staff members will be easily identifiable in their Odyssey Sports staff shirts. Your child is free to approach any of our friendly Odyssey Sports staff members throughout the duration of Camp. We are there to help create an experience of a lifetime and should you have any questions/queries we will be more than happy to answer them.

All Odyssey Sports instructors are highly qualified coaches with qualifications from many backgrounds. Staff members are selected for their character, enthusiasm and skill set. More information will be posted about individual instructors and their specific qualifications and experience.

Registration Form and Deposit

Parents/Guardians must complete the registration form attached and return to tessa@odysseysports.com.au with the deposit to secure their campers spot in Camp Odyssey 2022. Please see registration form below for more information.

Emergency Forms/Waivers

Campers cannot attend camp until their parent/guardian has filled out the attached emergency information forms, permission slips and liability waivers. These forms are included in this information pack and will be required to be completed and returned via email to tessa@odysseysports.com.au four weeks prior to the beginning of camp (December 15th 2021).

Health and Safety

The Health and Safety of our campers is our main priority at Camp Odyssey. Should your child take part in any camp activities such as horseback riding, mountain boarding, the giant swing, etc, all necessary safety precautions will be taken. This will give our campers the chance to step out of their comfort zone and try something new while minimising any high risks. Should any serious accident or injury occur while at camp, the child's parent/guardian will be notified immediately. In case of minor illness/injury, parents will be notified if the camper requires medical attention for more than 24 hours. Camp Odyssey reserves the right to send a child home if so advised by medical personnel.

Camper Responsibilities

We encourage campers to share in the responsibilities of keeping The Ranch's grounds beautiful and clean. This means taking the responsibility to tidy up after themselves, using the bins provided, and being respectful of the many facilities The Ranch has to offer.

Horseback Riding

The Ranch offers many activities at their campgrounds including the very popular horseback riding. Whilst we won't be taking part in horseback riding during Camp Odyssey, if your child is interested, there will be the opportunity to take part in this activity on the final day of camp after pick up for an additional cost.

Visit <https://www.theranchmp.com.au/horse-riding/> or call 5988 6262 to book you/your child's horseback riding tour.

Payment Procedure

Camp Odyssey requires you to register and pay a **\$190.00** non-refundable deposit at time of registration to reserve your campers spot. Final payment of **\$595.00** to be paid in full prior to October 31st 2021. Campers will not be able to attend camp without payments being made. Payment schedules can be discussed if required.

Cancellation/Refund Policy

Cancellations prior to 12th December 2021 will receive a refund less the \$190.00 cancellation fee. If a cancellation is made after the 12th December 2021, no refund is payable unless otherwise stated.

Parent/Guardian's name: _____

Parent/Guardian's signature: _____

Date: _____

Camp Schedule

This camp schedule is a rough outline of the way Camp Odyssey will run. The activities and schedule are subject to slight changes*

● Cheerleading Program

Arrival Day

- **1:30-2:30pm** Check in + Room assignment
- **3:00pm** Camp Intro
- **4:00pm** Meet your team leaders + staff demonstrations
- **5:00pm** Free time
- **6:00pm** Dinner
- **7:00pm** Team initiation + bonding
- **10:00pm** Lights out

Day One

- **8:30am** Breakfast
- **9:30am** Dance
- **10:30am** Compulsory Offsite Training (level dependent)*
- **12:30pm** Lunch
- **1:30pm** Free Time
- **3:30pm** Choose your Talent session one*
- **4:30pm** Camp Activity*
- **6:00pm** Dinner
- **7:30pm** Games Night
- **10:00pm** Lights out

Day Two

- **8:30am** Breakfast
- **9:30am** Dance
- **10:30am** Choose Your Talent session two
- **11:30am** Free Time
- **12:30pm** Lunch
- **1:30pm** Compulsory Offsite Training (level dependent)
- **3:30pm** Optional Open Gym/Stunt Session
- **5:00pm** Free time
- **6:00pm** Dinner

- **7:30pm** Movie night
- **10:00pm** Lights out

Final Day

- **8:30am** Breakfast
- **9:30am** Final dance off + Camp closing
- **10:30am** Final Hurrah*
- **12:00pm** Pack up + Home Time

● **Ninja Program**

Arrival Day

- **1:30-2:30pm** Check in + Room assignment
- **3:00pm** Camp Intro
- **4:00pm** Meet your team leaders + staff demonstrations
- **5:00pm** Free time
- **6:00pm** Dinner
- **7:00pm** Team initiation + bonding
- **10:00pm** Lights out

Day One

- **8:30am** Breakfast
- **9:30am** Group Ninja training (Ninja Safety Basics)
- **10:30am** Compulsory Ninja training
- **12:30pm** Lunch
- **1:30pm** Free Time
- **3:30pm** Rock Climbing*
- **4:30pm** Choose Your Talent session one*
- **6:00pm** Dinner
- **7:30pm** Games Night
- **10:00pm** Lights out

Day Two

- **8:30am** Breakfast
- **9:30am** Mountain boarding

- **10:30am** Choose Your Talent session two
- **11:30am** Free Time
- **12:30pm** Lunch
- **1:30pm** Compulsory Ninja Training
- **3:30pm** Camp Activity*
- **5:00pm** Free time
- **6:00pm** Dinner
- **7:30pm** Movie night
- **10:00pm** Lights out

Final Day

- **8:30am** Breakfast
- **9:30am** Obstacle Course Challenge + Camp Closing
- **10:30am** Final Hurrah*
- **12:00pm** Pack up + Home Time

***Off-site Training Sessions**

Throughout the week at Camp Odyssey the athletes enrolled in our Cheerleading program will travel via bus to take part in tumbling and stunting sessions at a nearby Gymnastics facility (level dependent) with their instructors as part of their Cheerleading training.

More information in regards to off-site training to come.

***Choose Your Talent Sessions**

Campers will be able to choose between multiple different sessions run by camp instructors. Available sessions will be dependent on specific Odyssey Sports instructors. For example, these sessions can range from:

- Strength class
- Performance class
- Arts & crafts
- Stretch class
- Preparing the mind for competition
- Q&A sessions
- Motivation
- Goal setting
- Pilates
- Skill specific classes etc.

More information to come.

***The Ranch Camp Activities**

E.g. rock climbing, giant swing, crate stack, leap of faith

Please note that these activities have a weight limit of 100kg.

The Final Hurrah

Each year on the final day campers will have the opportunity to take part in one last HURRAH to celebrate their epic time at Camp Odyssey. Stay tuned for your activity to be announced!

Camp Packing List

Clothing

- | | |
|---|---|
| <input type="checkbox"/> Athletics attire | <input type="checkbox"/> Socks |
| <input type="checkbox"/> T-shirts | <input type="checkbox"/> Swimsuits |
| <input type="checkbox"/> Comfortable shorts | <input type="checkbox"/> Closed toe shoes for training sessions & camp activities |
| <input type="checkbox"/> Comfortable pants | <input type="checkbox"/> Cheerleading shoes (cheerleading program) |
| <input type="checkbox"/> Warm jacket/jumper | <input type="checkbox"/> Hat |
| <input type="checkbox"/> Sleepwear | |
| <input type="checkbox"/> Underwear | |

Toiletries

- | | |
|--|---|
| <input type="checkbox"/> Toothbrush | <input type="checkbox"/> Hairbrush |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Deodorant |
| <input type="checkbox"/> Soap | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Shampoo/conditioner | <input type="checkbox"/> Insect repellent |

Bedding/linen

- | | |
|---------------------------------------|---|
| <input type="checkbox"/> Sleeping bag | <input type="checkbox"/> Pillow + Pillow case |
| <input type="checkbox"/> Bed sheet | <input type="checkbox"/> Bath towel |
| | <input type="checkbox"/> Beach towel |

Extras

- | | |
|--|--|
| <input type="checkbox"/> Camera | <input type="checkbox"/> Plastic bag for wet clothes |
| <input type="checkbox"/> Water bottle | |
| <input type="checkbox"/> Snacks for in between camp sessions (no nuts) | |

DON'T FORGET!

- During summer the days will be warm and the nights may be cold so pack accordingly.
- Label everything! Odyssey Sports will not be responsible for any lost or stolen items.
- Leave valuables at home.



Registration Form

General Information

Campers first name: _____ Campers last name: _____

Campers date of birth: _____ Gender: _____

Address: _____

City: _____ Postcode: _____

Program Options (please tick only one)

☐ Cheerleading Program

☐ Ninja Program

Parent/Guardian's name: _____ Contact number: _____

Email: _____

Register before October 31st 2021 for your child to receive a FREE Camp Odyssey T-shirt at check in.

Campers T-shirt size: (Please tick one) **Youth** **Adult**

(Please tick one) **X-Small** **Small** **Medium** **Large** **X-Large**

Parent/Guardian signature: _____

Date: _____

**On receipt of this registration form we will send you an invoice for your \$190.00 deposit.
Once deposit is received your campers spot will be secured.**

**A confirmation email of your campers booking will be sent once Registration form and
Deposit Fee is received.**

\$190.00 deposit is non-refundable.

Campers Emergency Information

Emergency Contact Information

Name of Primary Contact:_____

Contact Number:_____

Relation to Camper:_____

Name of Secondary Contact:_____

Contact Number:_____

Relation to Camper:_____

Does your child have any physical or emotional conditions requiring special attention by Camp staff? (illnesses, physical restrictions, allergies, chronic health problems, behaviour considerations)

Authorisation for Emergency Medical Care:

I hereby give permission to Odyssey Sports to call a doctor or emergency medical personnel and for the doctor, hospital or medical service team to provide emergency medical care for my child (please print name): _____ should an emergency arise. It is understood that the Camp Odyssey staff will make a conscientious effort to contact the Primary

emergency contact listed on this form before any action will be taken. If not possible to locate the primary contact, Camp Odyssey staff have the right to contact the secondary contact for permission. Should both emergency contacts be unavailable Odyssey Sports will make a responsible decision on action needed to be taken on behalf of the emergency contacts listed.

Signature of Parent/Guardian: _____ **Date:** _____

Liability Waiver For Camper:

I, as Parent or Guardian of _____, approve and give my permission for him/her to participate in any program, activity or training session offered by Odyssey Sports at Camp Odyssey. By registering for camp, the registrant acknowledges that the activities carried out throughout the duration of camp carry certain risks for the participants. The registrant has independently reviewed and evaluated the risks and is determined to engage in the program with full knowledge and acceptance of the risks involved. The registrant understands and agrees that Odyssey Sports will not be held liable for any damages, loss or personal injury arising from the partaking in Camp Odyssey's activities and programs.

Signature of Parent/Guardian: _____ **Date:** _____

Off Camp-site Training Sessions (cheerleading only):

My child, _____, has permission to travel off campus with Camp Odyssey instructors to a nearby gymnastics facility via bus to take part in cheerleading training sessions as part of Camp Odyssey.

Signature of Parent/Guardian: _____ **Date:** _____

Photo Release

My child, _____, has permission to be photographed and videoed for publication in Odyssey Sports & Camp Odyssey promotional items.

Signature of Parent/Guardian: _____ **Date:** _____

Camp Odyssey Camper Profile

Campers Name: _____

For our Cheerleaders:

Cheerleading experience (years): _____ Club Affiliation (if any): _____

Tumbling Level: _____ Stunting Level: _____

For our Ninjas:

Ninja experience (years): _____ Club Affiliation (if any): _____

Does your child have any dietary restrictions or concerns?

Does your child have any characteristics that require special attention?

Does your child have any limitations or restrictions on camp activities? If

yes, please explain. _____

Do you have any other suggestions for how camp can provide the best experience possible for your child? _____

Cabin Mate Requests (if attending camp on your own leave blank)
